

KITSAP PUBLIC HEALTH BOARD

Regular Meeting

April 5, 2016

The meeting was called to order by Board Chair, Mayor Becky Erickson at 1:47 p.m.

MINUTES

Commissioner Rob Gelder moved and Mayor Patty Lent seconded the motion to approve the minutes for the March 1, 2016, regular meeting. The motion was approved unanimously.

CONSENT AGENDA

The April consent agenda included the following contracts:

- 1153, Washington State Department of Ecology, *Coordinated Prevention Grant, Amendment 3*
- 1467, Planned Parenthood of the Great Northwest and the Hawaiian Islands, *IN-clued Prevention Program Memorandum of Understanding*
- 1316, Washington State Department of Health, *Consolidated Contract, Amendment 7*
- 1449, Washington Health Benefit Exchange, *Lead Navigator Organization Contract, Amendment 1*
- 1453, Olympic Educational Service District 114, *Head Start, Early Head Start, and ECEAP Programs Contract, Amendment 2*
- 1511, Clallam Jefferson, Kitsap and Mason Counties, *Hood Canal Regional Septic Loan Program Inter-Local Agreement*
- 1518, Craft 3, *Federal State Revolving Fund Agreement*
- 1529, Craft 3, *Washington State Department of Ecology State Revolving Fund Loan Program Loan Agreement and Promissory Note*
- 1276, Craft 3, *Centennial Clean Water Fund Grant Agreement*

KPHD Contract, 1153, Washington State Department of Ecology, Coordinated Prevention Grant, Amendment 3, was previously pre-approved via email as a priority on March 2, 2016, by Board Chair Becky Erickson and Vice-Chair Ed Wolfe, and was included in today's consent agenda for Board affirmation.

Commissioner Charlotte Garrido moved and Mayor Lent seconded the motion to approve the consent agenda, including the Contracts Update and Warrant and Electronic Funds Transfer Register. The motion was approved unanimously.

PUBLIC COMMENT

There was no public comment.

HEALTH OFFICER/ADMINISTRATOR'S REPORT

Health Officer Update:

Dr. Susan Turner, Health Officer, presented a PowerPoint regarding Medication Assisted Treatment, the use of medication combined with counseling and behavioral therapies to provide a whole patient approach to the treatment of substance use disorders. The three medications she discussed were Methadone, Suboxone, and Naltrexone.

Commissioner Wolfe asked Dr. Turner to clarify the difference between Methadone and Suboxone. Dr. Turner clarified: Methadone is prescribed in a controlled environment and while it does provide a "high", it is minimal; Suboxone does not provide a "high". Commissioner Wolfe responded with an additional question regarding whether or not a patient could abuse these treatments. Dr. Turner explained that methadone is prescribed and administered in a very controlled environment, minimizing the risk of

misuse. Suboxone is prescribed by a physician for home use, and although it could potentially be abused, one of the two medications in the Suboxone prevents a “high” if injected.

Mayor Rob Putaansuu commented that he read Suboxone was being controlled at the government level and was not readily available (i.e. only those physicians with special training may prescribe it for opiate use disorder, and there is a cap of 30 patients), although it may be a better drug for this treatment. Mayor Putaansuu asked if those controls are being relaxed. Dr. Turner responded that The National Association for County and City Health Officials is advocating for that at the national level and Dr. Turner advocated for it when she met with Senator Patty Murray.

Commissioner Gelder raised a concern, related to the differing funding streams for chemical dependency treatments and medical care, about whether substance use disorder will be treated as a physical condition or both a physical and mental medical condition. Dr. Turner agreed that it would be an issue if reimbursement and/or care remains separate, but in Washington the goal is to merge both into whole patient care; the standard in medical care is that BOTH services need to be provided.

Scott Daniels mentioned this particular issue is coming back to the Board for more detailed discussion in May. Specifically, staff will discuss the Kitsap County Interagency Opioid Working Plan.

Mayor Erickson asked Dr. Turner if the medical community is embracing the newer technologies versus the older methadone option. Dr. Turner clarified that no transition away from methadone is occurring yet, except among early adopters. Mayor Erickson also asked Dr. Turner if the goal with Suboxone is to get the patient off of the drug over time or if it is a replacement, like methadone. Dr. Turner clarified that the ideal goal with both is to get patients off the drug, but that rarely happens and the treatment is likely lifelong.

Commissioner Wolfe commented that the treatment is complicated, it is an uncertain science with uncertain results, with Medicaid as a possible payor for treatment for the rest of the patient’s life. Dr. Turner agreed with these comments.

Mayor Lent commented that with the epidemic of opiates and heroine, she is excited about having new options for substance addiction treatment while addressing whole person care and introducing patients back into society where normal life is possible. Dr. Turner agreed; the ultimate goal is to return patients back to normal life.

Commissioner Garrido commented that treatment is changing a lot over time and there may come a time when it is easier to prescribe and treatment may not last one’s entire life. Dr. Turner agreed. There was no further discussion.

Administrator Update:

In the interest of time, Mr. Scott Daniels, Administrator deferred his presentations to the next Kitsap Public Health Board meeting.

He also notified the Board of the upcoming Health District All Staff Meeting on Monday, April 11, 2016, requiring District offices to be closed that morning.

RESOLUTION 2016-09: COMMITTING TO REPAY STATE REVOLVING FUND LOAN WITH WASHINGTON STATE DEPARTMENT ECOLOGY

Mr. Stuart Whitford, Manager of the Health District's Pollution Identification and Correction Program, reported that on July 1, 2014, the Washington State Department of Ecology (Ecology) awarded the Health District a \$494,981 Centennial Clean Water grant, and a \$1,000,000 State Revolving Fund (SRF) loan to replenish and extend the Hood Canal Regional Septic Loan Program through 2017. As it has been since 2007, Craft3 will be contracted with to administer the loan program. The purpose of the loan program is to provide financial assistance to private property owners so that they can repair or replace failed septic systems. The Hood Canal Regional Septic Loan Program is available to the residents of Kitsap, Mason, Jefferson and Clallam counties.

At its February 2, 2016 meeting, the Board approved Ecology Agreement Number WQC-2015-KITPHD-00157, Water Quality Combined Financial Assistance Agreement, to re-fund and extend the regional loan program. Kitsap County, co-signatory to this agreement, has also approved the Ecology agreement.

The Ecology agreement has been returned to Ecology for their final signature. Since the Board does not sign the financial assistance agreement (the District's Administrator signs for the Board), Ecology requires written acknowledgment of the commitment to repay the loan agreement from the Board. Resolution 2016-09, Commitment to Repay State Revolving Fund Loan with Washington State Department of Ecology, will satisfy Ecology's requirement for written acknowledgment.

Additionally, there are four other agreements related to the Hood Canal Regional Septic Loan Program that were approved in today's Consent Agenda:

- KPHD 1276: Professional Services Agreement between Kitsap Public Health District and Craft 3. This agreement addresses the work that Craft3 will provide for the Health District, as the grant recipient, in the administration of the Centennial Clean Water Fund grant dollars for the regional septic loan program.
- KPHD 1511: Interlocal Agreement between Clallam, Jefferson, Kitsap, and Mason counties and the Kitsap Public Health District. The purpose of this agreement is to establish the joint and cooperative administration of the regional septic loan program between the five governments/agencies.
- KPHD 1518: Professional Services Agreement between Kitsap Public Health District and Craft3. This agreement addresses the work that Craft3 will provide for the Health District, as the loan recipient, in the administration of the SRF loan dollars for the regional septic loan program.
- KPHD 1529: Loan Agreement between Kitsap County and Kitsap Public Health District, as Lenders, and Craft3 as Borrower. The purpose of this agreement is to establish the terms and conditions of the SRF loan that Kitsap County and the Health District will pass through to Craft3 to administer the regional septic loan program. This agreement includes a Promissory Note stipulating that Craft3 will pay back the loan (i.e., the SRF loan passed through to Craft3) to Kitsap County and the Health District by the SRF loan due date. This last agreement is the protection required by Kitsap County and the Health District that made approval of the SRF loan agreement with Ecology possible, and relates directly to Resolution 2016-09 presented to the Board for approval.

Mr. Whitford recommended approval of Resolution 2016-09, Committing to Repay State Revolving Fund Loan with Washington State Department of Ecology.

Commissioner Gelder moved and Mayor Pataansuu seconded the motion to approve Resolution 2016-09, Committing to Repay State Revolving Fund Loan with Washington State Department of Ecology. The motion was approved unanimously.

FEEDBACK FROM PUBLIC WORKSHOPS: DRAFT REGULATIONS RESTRICTING THE USE, SALE, AND AVAILABILITY OF VAPOR PRODUCTS

Mr. Keith Grellner, Director of Environmental Health, addressed the Board. He reported, that in accordance with the Board's direction, the Health District has been conducting extensive public outreach to seek public input on the Draft Regulations Restricting the Use, Sale, and Availability of Vapor Products. As part of these outreach efforts, the Health District completed three public listening sessions to take verbal comment on the draft ordinance.

Mr. Grellner reported that while there appears to be widespread support for many of the provisions in the draft ordinance, there has been organized opposition to any provision restricting the use of vapor products by consenting adults in areas or structures where minors are prohibited --- especially vapor product retail outlets.

The following provisions in the draft ordinance appear to have widespread support:

- Prohibition of vaping in public places or places of employment, **except** vape retail outlets or places where minors are legally prohibited;
- Warning sign requirements (e.g., "No Vaping Allowed", "Sales to Minors Prohibited", and "Keep all Vapor Products Away from Children");
- Age verification requirements for retail sales;
- Prohibition of possession by, or sales to, minors;
- Requirements for in-person transactions to redeem vapor product coupons; and
- Permit requirements for vapor product retailers.

The following provisions in the draft ordinance have drawn consistent, organized opposition:

- Any type of restrictions for vapor product retailers (e.g., who can vape in retail outlets, number of seats allowed, use of personal vape devices within the retail outlet);
- Rule changes that would adversely affect the business models of existing vape retailers; and
- Establishment of ventilation requirements that would cause an existing vape retailer to have to spend a lot of money to comply with new rules.

Mr. Grellner then informed the Board that there is quite a bit of disagreement from the supporters and the opponents of the draft ordinance about the health effects from vaping. Some contend that it is as dangerous as tobacco and should be regulated as such, while others suggest that vaping is harmless and that it has actually helped them to quit smoking and avoid the harmful effects of previous tobacco use.

Mr. Grellner reported that the Health District is in the process of producing a responsiveness summary to all comments received on the draft ordinance up through the March 29, 2016 public listening session in Poulsbo, and will provide those to the Board at one of their next meetings.

Mayor Putaansuu commented he favored the proposal and the option of certain businesses such as bars being able to display that vape products are being used there, however he mentioned he was uncomfortable with it being offered in restaurants where some people don't want to be subjected to it.

Mayor Erickson commented that certain business should have the option to allow or ban vaping if they choose. Mayor Putaansuu responded that the Board would be banning vaping unless businesses applied for a waiver and proper signage would need to be prominently displayed.

Mr. Daniels commented rather than adopting a new ordinance, the Board has the option of amending its Smoking in Public Places Ordinance to include vaping.

Councilperson Sarah Blossom inquired if the Board is considering allowing a waiver. Mayor Putaansuu confirmed, but mentioned State Senate bill [ESSB 6328] prevents the Board from taking action on vaping in outdoor public places. Mr. Grellner responded that the bill does not use clear language defining public places, and there may be room for the Board to take action on some indoor public places if they wanted to do so.

Mayor Erickson saw interest from the Board and asked Mr. Grellner to bring this issue back to the Board next month.

COUNTY HEALTH RANKINGS REPORT

Ms. Siri Kushner, Lead Epidemiologist, approached the Board to report on the recent County Health Rankings report produced by the University of Wisconsin Population Health Institute and supported by the Robert Wood Johnson Foundation. The rankings are released each spring for every county in the nation and are intended to be a "call to action" or a "starting point" for investigating and discussing ways to improve health. The rankings are based on a model of population health that emphasizes the many factors, in addition to health care, that influence the health of the community. Overall ranks are produced for Health Outcomes, "the health of today," and for Health Factors, "the health of tomorrow."

In 2016, Kitsap County ranked 9th out of 39 Washington State counties for Health Outcomes and 4th for Health Factors. These numbers represent an improvement over last year's rankings when Kitsap County ranked 17th for Health Outcomes and 8th for Health Factors.

Each year, Kitsap Public Health District reviews the Rankings but relies on our Core Public Health Indicators Report and the Community Health Assessment conducted as part of the Kitsap Community Health Priorities process to best understand the health and well-being of our community.

Mr. Daniels and Mayor Erickson commented that our county has improved in the rankings.

EXECUTIVE SESSION: PURSUANT TO RCW 42.30.110(G), REVIEW OF PERFORMANCE OF A PUBLIC EMPLOYEE

At 2:54 p.m., Mayor Erickson announced that the Board would adjourn for approximately 10 minutes for an Executive Session for discussion related to the review of performance of a public Employee. At 3:05 p.m., Mayor Erickson announced that the Executive Session had ended and opened the meeting to regular session.

Mayor Erickson asked for any other comments for the good of the order.

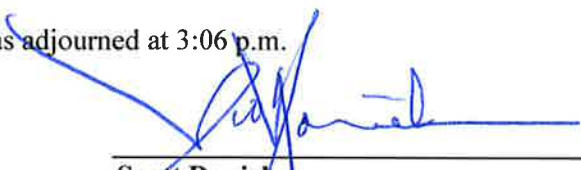
Commissioner Gelder commented he will be serving on the Policy Advisory Committee for the Foundational Public Health Services. The committee will be meeting over the next year or so.

ADJOURN

There was no further business; the meeting was adjourned at 3:06 p.m.



Becky Erickson
Kitsap Public Health Board



Scott Daniels
Administrator

Board Members Present: *Council Member Sarah Blossom; Mayor Becky Erickson; Commissioner Charlotte Garrido; Commissioner Rob Gelder; Mayor Patty Lent; Mayor Rob Putaansuu; Commissioner Ed Wolfe.*

Community Members Present: *Deanne Jackson, Human Service Planner, Kitsap County Prevention Services; Desiree Sideroff, Product Manager, Craft3.*

Staff Present: *Gretchen Berni, Advanced Registered Nurse Practitioner, , Clinical Services; Karen Bevers, PIO/Communications Coordinator, Administration; Scott Daniels, Administrator; Kerry Dobbelaere, Program Manager, Clinical Services; Katie Eilers, Assistant Director, Community Health Division; Keith Grellner, Director, Environmental Health Division; Karen Holt, Manager, Human Resources; Siri Kushner, Lead Epidemiologist, Assessment; Angie Larrabee, Confidential Secretary, Administration; Suzanne Plemmons, Director, Community Health Division; Lacey Rhoades, Management Analyst, Administration; Linda Tourigny, Public Health Nurse Supervisor, Parent Child Health, Community Health; Susan Turner, Health Officer; Stuart Whitford, Program Manager, Water Pollution Identification & Correction.*