

# KITSAP PUBLIC HEALTH BOARD

Regular Meeting  
September 3, 2013

The meeting was called to order by Board Chair Commissioner Josh Brown at 11:22 a.m.

## MINUTES

Mayor Patty Lent moved and Commissioner Rob Gelder seconded a motion to approve the minutes for the June 4, 2013, regular meeting. The motion was approved unanimously.

## CONSENT AGENDA

The contracts on the consent agenda included:

- Contract 960, Amendments 9\* and 10: Consolidated Contract
- Contract 1120, Amendment A\*: Kitsap County, Surface and Stormwater Management
- Contract 1135\*: Washington Health Benefit Exchange, In-Person Assister
- Contract 586, Amendment 2: Washington Department of Ecology, Sinclair Inlet Fecal Pollution Reduction Project
- Contract 620: Kitsap Conservation District, Sinclair Inlet Fecal Pollution Reduction Project
- Contract 1132 Washington Department of Ecology, Local Source Control
- Contract 1163: Washington Department of Ecology, Site Hazard Assessment

Contracts with an "\*" were reviewed and verbally approved for signature by Board Chair, Commissioner Josh Brown on July 10, 2013, and included on the Consent Agenda to be affirmed by the Board today. There were no questions. Mayor Lent moved and Commissioner Gelder seconded a motion to approve the consent agenda. The motion was approved unanimously.

## PUBLIC COMMENT

There was no public comment.

## DIRECTOR'S REPORT

Dr. Scott Lindquist, Director of Health, introduced Ms. Meghan Johnson, a senior at Olympic High School, who interned this summer at the Health District. Lindquist explained that Ms. Johnson worked with the District's staff epidemiologists, Siri Kushner and Beth Lipton, on a project focusing on the issue of teen suicide in Kitsap County. In her presentation, Johnson explained that the idea for the project came from the Board's interest in the suicide ideation health indicator which was reviewed with the Board in June. Johnson used local data from the Healthy Youth Survey to develop a one-page summary infographic poster. She will use the poster in her senior culminating project at school this year to raise awareness of the issue of suicide and bullying.

Mayor Lent asked Johnson which data were most surprising to her; she replied that it was that students with A and B grades are more likely to consider suicide than students with lower grades. Commissioner Garrido asked why she thinks this is so; Johnson attributed this to the pressure to do well. Board Chair Commissioner Brown asked Johnson how she felt the Board could engage

on this issue. Johnson encouraged the Board to work actively with local schools on the issue of teen suicide focusing on risk factors such as bullying.

## **DOCUMENTS ENTERED INTO THE RECORD**

Documents distributed at the meeting and entered into the record include the Kitsap Public Health District 2012 Annual Report which was distributed to all Board members present and the Kitsap County Teen Suicide Fact Sheet developed by Meghan Johnson.

## **CHRONIC DISEASE PREVENTION / COMMUNITY TRANSFORMATION GRANT UPDATE**

Dr. Lindquist introduced Mr. Scott Daniels, Deputy Director, who updated the Board on the District's work on Chronic Disease Prevention. Daniels reminded the Board that the Kitsap Community Health Priorities (KCHP), the county's community health improvement plan, identified support for physical activity and healthy eating as top priorities to address the increasing incidence of chronic disease in Kitsap County. Daniels also noted that chronic disease prevention is a key component in the Health District's 2011-2021 Strategic Plan.

Daniels explained that the District's chronic disease prevention work is funded, in part, by a sub-recipient grant through the federal Community Transformation Grant (CTG) awarded to the Washington State Department of Health. Daniels outlined the District's chronic disease prevention work which focuses on improving the health of our community through 1) healthy eating, 2) tobacco-free living, and 3) active living with a review of CTG work for Year 2 of the grant (10/01/2012 – present), and an overview of the plans for Year 3.

The District's CTG healthy eating objective is to increase the availability of healthy foods and beverages in Kitsap County workplaces. To achieve this objective, the District has partnered with a community-wide obesity prevention initiative, "Ready, Set, Go! 5210 Kitsap". This initiative serves as a platform to help workplaces adopt healthy food and beverage practices. Year 2 included a successful "Ready, Set, Go! 5210 Kitsap" kickoff event in January 2013. Since the January kick-off, representatives from eight workplaces have participated in monthly 5210 Workplace Sector Workgroup meetings. As a result, seven workplaces have implemented 5210 healthy eating activities in their organizations. The Year 3 objective is to increase the number of participating workplaces.

The District's CTG tobacco-free living goal is to increase access to tobacco-free environments to protect people from secondhand smoke and to prevent and reduce tobacco use in Kitsap County. To achieve this objective, in Year 2, the District partnered with the Count on Kitsap to Reduce Substance Abuse Coalition's efforts to prevent substance abuse among youth, including tobacco. Count on Kitsap provided 10 smoke-free area signs to outdoor recreation venues interested in establishing smoke-free environments. In April 2013, the Kitsap Public Health Board adopted a revised Smoking in Public Places (SIPP) Ordinance to make it consistent with the State SIPP and included a clarification of the definition of "place of employment" to better protect workers. The Year 3 objective is to maintain existing partnerships and create new partnerships with community organizations and municipalities interested in establishing tobacco-free outdoor recreational venues.

The District's CTG active living goal is to increase support from the Board's jurisdictions to include language supporting healthy living in their comprehensive land use and transportation plans. To achieve this objective in Year 2, District staff made a presentation in April to the Bremerton Planning Commission on the intersection between chronic disease and land use and transportation planning and provided language to Kitsap County for the Health Benefits section of the County's draft Non-Motorized Facility Plan. In addition to receiving training from a neighboring County on their Healthy Community Planning Toolbox, which is designed to help planners integrate health concepts into planning documents, the District is also working with a planning consultant to complete reviews of Kitsap County's and the City of Port Orchard's comprehensive plans. A similar review of the City of Bremerton's comprehensive plan was completed in September 2012 and shared with City staff. The Year 3 objective will be to continue to 1) strengthen partnerships with Kitsap County and the Cities of Bremerton and Port Orchard, and community groups interested in promoting active living and healthy food access through land use and transportation plans; 2) develop recommended language in comprehensive land use planning documents; and 3) share planning tools and documents with planners and jurisdictions to strengthen health elements in comprehensive plans.

**EXECUTIVE SESSION: PURSUANT TO RCW 42.30.110(g), REVIEW OF PERFORMANCE OF A PUBLIC EMPLOYEE**

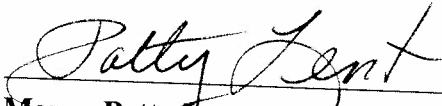
At 11:52 a.m., Board Chair Commissioner Brown announced that the Board would adjourn to Executive Session for about ten minutes pursuant to RCW 42.20.110(g) to review the performance of a public employee. At 12:02 p.m., Board Chair Brown announced that the Executive Session had ended and returned the meeting to public session.

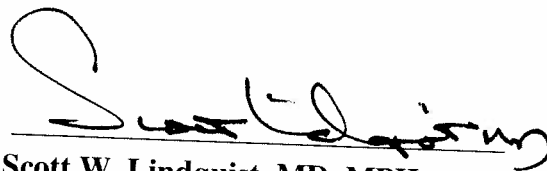
**CLOSED SESSION: PURSUANT TO 42.30.140(4)(b): DISCUSSION RELATING TO COLLECTIVE BARGAINING AND NEGOTIATION**

At 12:02 p.m., Board Chair Commissioner Brown announced that the Board would adjourn to a Closed Session for about twenty minutes pursuant to RCW 42.30.140(b) to conduct a discussion relating to collective bargaining and negotiation. At 12:17 p.m., Board Chair Brown announced that the Closed Session had ended and returned the meeting to public session.

**ADJOURN**

There was no further business; the meeting was adjourned at 12:17 p.m.

  
Mayor Patty Lent, Vice-Chair  
Kitsap Public Health Board

  
Scott W. Lindquist, MD, MPH  
Director of Health

**Board Members Present:** Commissioner Josh Brown; Commissioner Charlotte Garrido; Commissioner Rob Gelder; Mayor Patty Lent; Mayor Tim Matthes

**Board Members Absent:** *Council Member Sarah Blossom; Mayor Becky Erickson*

**Staff Present:** *Jan Brower, Program Manager, Solid and Hazardous Waste and Septic System Complaint Response Program; Scott Daniels, Deputy Director; Yolanda Fong, Public Health Nurse, Advanced Practitioner, Chronic Disease Prevention; Keith Grellner, Director, Environmental Health; Heidi Hegtvedt, Intern, Chronic Disease Prevention; Leslie Hopkins, Management Analyst, Administration; Meghan Johnson, Intern, Assessment Program; Siri Kushner, Epidemiologist 2, Assessment Program; Scott Lindquist, Director of Health; Beth Lipton, Epidemiologist 2, Assessment Program; Maureen Murphy, Human Resources Manager; Susan Walther, Environmental Health Specialist 2, Pollution, Identification, and Protection Program; Stuart Whitford, Program Manager, Pollution, Identification, and Protection Program*

**Public Present:** None