

**KITSAP COUNTY BOARD OF HEALTH**  
**Regular Meeting**  
**August 2, 2011**

The meeting was called to order by the Chair of the Board, Commissioner Charlotte Garrido at 11:23 a.m.

**MINUTES**

Commissioner Rob Gelder moved and Council Member Roy Runyon seconded a motion to approve the minutes of the June 7, 2011, regular Board meeting. The motion carried unanimously.

**CONSENT AGENDA**

The contracts on the consent agenda include:

- Contract 246, Amendment 32, Consolidated Contract
- Contract 937, Department of Ecology, Local Source Control Agreement
- Contract 514, Amendment 2, County on Kitsap, Gay Neal, Youth Serving Sector
- Contract 696, Amendment 4, Department of Ecology, Remedial Action Grant
- Contract 583, Amendment 1, Kitsap County, Kitsap Regional IDDE Project

Mayor Lary Coppola moved and Commissioner Gelder seconded a motion to approve the August consent agenda. The motion carried unanimously.

**PUBLIC COMMENT**

There was no public comment.

**DIRECTOR'S REPORT**

Dr. Scott Lindquist, Health Officer, informed the Board of a Group-A streptococcus outbreak at Camp Miracle Ranch at Horseshoe Lake, reporting that the outbreak was limited in scope and that camp officials were responsive in identifying and treating affected campers as well as implementing strategies to reduce the risk of additional infections.

Next Lindquist brought the Board up-to-date on the Kitsap Community Health Priorities (CHIP) process. The CHIP is a formal process to set community health priorities with the goal of improving community health. The CHIP process is guided by a team of community leaders who evaluate both objective data in the form of a health status assessment of key health indicators as well as community perceptions obtained from a community-wide survey about residents' opinion of health. The community survey is in circulation. At the end of the process, the community data as well as the results of the survey will help shape the process of identifying priorities to improve the health Kitsap County residents. Lindquist noted that a copy of the survey had previously been distributed to Board members and another copy was distributed to the Board today for their review. Mayor Lent and Commissioner Garrido both reported that they had distributed the survey within their respective entities. Results from the survey will be reported back to the CHIP Charter Group on August 23.

Third, Lindquist reported that the American Civil Liberties Union had contacted him to let him know that they are investigating a complaint regarding the establishment of a methadone clinic in Bremerton. He also let the Board know of an upcoming health provider meeting on August 15 at 3:30 on the issue of opiates whose focus will be reviewing a new state law regarding

prescribing of opiates and a new Harrison Medical Center Emergency Department policy regarding the dispensing of opiates. This meeting will be followed by a town hall meeting on the topic of a establishing a methadone clinic in Bremerton. Both are being held at the Government Center and are open to the public. Council Member Runyon commented that the Bremerton City Council is also holding a public hearing on August 17 on the proposed methadone clinic.

Finally, Lindquist reported that District staff represented the District at a recent statewide meeting on long-term public health funding. He also distributed a copy of the District's 2010 annual report to Board members present.

### **ONLINE FOOD HANDLER CLASSES**

Mr. Keith Grellner, Director of Environmental Health, reported on the implementation of the online food handler training card class which was implemented in late May. Participation to date has been a huge success. Fifty to fifty-five percent of cards were issued via the online class. Based on the level of participation, the District plans to reduce its in person classes to four classes per month from nine beginning in September. Reducing the number of classes allows the District to save about \$27,000 per year in room rental fees, mileage, and staff time while the cost for using the system costs about \$18,000 for a net savings of about \$9,000 per year. Another benefit in addition to the dollar savings is freeing up about 200 hours of staff time which will allow staff to complete more in-person inspections.

### **STRATEGIC PLAN REVIEW**

Dr. Lindquist introduced the draft Strategic Plan that a team of staff have been working on since late 2010 including a revision of the District's mission statement. As part of the development of the Strategic Plan, he distributed the Guiding Principles that were used to develop the Plan. As he reviews the Strategic Plan with the Board, Lindquist asked for the Board's feedback on the priorities established by the plan as well as whether to prioritize them or not.

The revised mission statement "Making Kitsap County a healthy place to live, learn, work, and play" was reviewed and discussed. Commissioner Garrido moved and Commissioner Gelder seconded a motion to approve the revised mission statement. The motion passed unanimously.

Lindquist then introduced the first goal included in the Strategic Plan: *We will strengthen our ability to prevent and control communicable disease.* He commented that this is a classic public health function and, he believes, an expectation of the community that Public Health would be responsive in the event of a communicable disease outbreak. Introducing the five-year milestone, Lindquist said that the District should be able to identify progress in increased screening and prevention activities while the risky behaviors for contracting communicable diseases are decreased. Lindquist commented that the three strategies: to contact all providers in the community on a regular basis to strengthen partnerships by raising awareness and education regarding disease prevention and screening; to enhance accessibility of information on our website for healthcare provider in the community; and to communicate disease-specific public service announcements in the community will be the pathway to meet the five-year milestone goal. The Board agreed that this goal meets the guiding principle of prevention and agreed with Lindquist's statement that this is an expectation of the public for Public Health with

regard to preventing and controlling communicable diseases as well as responding to communicable disease outbreaks.

Lindquist then introduced the second goal: *We will decrease chronic diseases and their impacts in our community.* He commented that this is a bold goal with a five-year milestone to have an integrated, District-wide and community-wide approach to support healthy living in Kitsap County. He said this goal is not to say, for example, that we will make the rate of diabetes in decrease the County within five years, because right now we don't even know how many diabetics we have in the County to understand what the impacts to the community are. Further, Lindquist said if he were to target any one chronic disease right now, it would be hypertension. Reducing the incidence of hypertension would save millions of dollars, he said. Lindquist then clarified that the District will be taking a more basic, structured approach integrating the response to chronic disease across programs and including community partners in this effort. The strategies will support this by providing staff and decision-makers the evidence needed so they can build a health focus into policies and practices that promote safe, healthy environments and behaviors and by creating a chronic disease prevention program that is multi-disciplinary and integrated across District programs. In the Board discussion, members agreed this is an important issue but perhaps difficult as well as costly to impact the behaviors that make one vulnerable to some of the more common chronic diseases. Lindquist responded that it is important to begin with an approach that starts with the basics to address the issue of chronic disease, for example, encouraging farmers' markets, calorie labeling in restaurants, etc. Commissioner Garrido added that the County began a Health and Wellness Program that offered information about more healthy practices that was very effective in changing behaviors including weight loss, healthier food choices, and exercising at lunch time. Similar programs that support healthy living can change behaviors in an important way. Lindquist responded that many of the efforts in this area will involve policy decisions by the Board.

## ADJOURN

There was no further business; the meeting was adjourned at 12:20 p.m.

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**Commissioner Charlotte Garrido, Chair**  
**Kitsap County Board of Health**

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**Scott W. Lindquist, MD, MPH**  
**Director of Health**

**Board Members Present:** *Mayor Lary Coppola; Commissioner Charlotte Garrido; Commissioner Rob Gelder; Mayor Patty Lent (arriving at 11:25); Council Member Roy Runyon (Alternate)*

**Board Members Absent:** *Commissioner Josh Brown; Mayor Becky Erickson; Council Member Kirstin Hytopoulos*

**Staff Present:** *Karen Boysen-Knapp; Public Health Educator, Health Information Resources Program; Cris Craig, Program Manager, Health Information Resources; Kerry Dobbelaere, Program Manager, Clinical Services; Yolanda Fong, Public Health Nurse, Parent Child Health Program; Keith Grellner, Director, Environmental Health Division; Jessica Guidry, Emergency Response Program Coordinator; Karen Holt, HR Analyst, Administration; Leslie*

*Hopkins, Management Analyst, Administration; Tracey Kellogg, Accounting Program Manager; Melina Knoop, EH Specialist 2, Drinking Water and Onsite Sewage Program; Alex Kremer, Intern, Health Information Resources Program; Siri Kushner, Epidemiologist, Health Information Resources; Lisa Linden, Social Worker 2, Clinical Services Program; Scott Lindquist, Director of Health; Beth Lipton, Epidemiologist, Health Information Resources; Bonnie Petek, Program Manager, Food and Living Environment Program; Shelley Rose, Public Health Educator, Health Information Resources Program; Ruth Westergaard, Community Liaison, Emergency Response Program*

**Public Present:** Monte Levine, *self*